



Glovers Lane Netherton
Liverpool L30 5QW

Volunteer Role Description

- Title: -** Volunteer Group Assistant (Health and Mental Wellbeing)
- Hours of Work: -** As and when required
- Reports to: -** Group tutor
- Location: -** Netherton Feelgood Factory/ external venue
- Job Purpose: -** To support with classes delivered by the Feelgood Factory staff

Main Duties & Responsibilities: -

- To assist the tutor in the delivery of practical cookery, weight management, nutrition, mental wellbeing and food safety classes.
- To help prepare resources for class members who may need additional support e.g. reading and interpreting food recipes and completing examination papers.
- Provide practical support for class members when preparing and cooking food in the classroom.
- To support class members in completing registration forms and evaluation forms.
- To help with setting up the room and tidying the room after the lesson
- For weight management classes helping to weigh the participants and recording the weight in a confidential manner
- Be tolerant and aware of the needs of different ethnic and Cultural groups

Opportunities for Development:-

All our volunteers are given ongoing support and are offered relevant training.