

Feelgood Factory Health Activities and Services held at other venues

Monday 10 - 2	Community Garden - Netherton Feelgood Factory has been developing a community Garden here in the Marian Way (<i>behind the shops</i>) for local people to grow their own fruit & veg, herbs and flowers for themselves and to sell, get fit, make new friends, learn something new.
Thursday 10 - 2	
Call for dates	Woodwork - is healthy for your mind and body. By reducing stress and anxiety, promotes creativity, boosts self-confidence, provides a sense of satisfaction, improves concentration and teaches patience.
Friday 10 - 12	The Drop-in – informal mental health service at Linacre Mission, Linacre Road, Litherland. The Entrance is in Bowden Street

Other organisations and services held at the Feelgood Factory

Stop Smoking Service

Wednesday 9 – 1 appointment only Call 0300 100 1000 to make appointment

Fundraising Event: Quiz, Buffet & Bar on Friday 25th April from 6pm, Tickets £5 ask a member of staff at reception.

Timetable of Activities

April to June 2025



Improving Lives, Promoting Health



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