



Glovers Lane Netherton
Liverpool L30 5QW

Volunteer Role Description

ROLE: Breast Feeding Peer Supporter

JOB PURPOSE: To promote, protect and support breastfeeding.

MAIN DUTIES AND RESPONSIBILITIES:

- Is a voice within the local community for promoting and supporting breastfeeding
- Meets mothers when they are pregnant, promotes the benefits of breast-feeding with the mother and her partner, and shares experiences as 'one mum to another'.
- Offers informal befriending and support to mothers who are interested in giving breastfeeding a try.
- Shares information about breastfeeding with mothers, their partners, relatives and other members of the local community using the information materials that are provided.
- Refer to the breastfeeding support service mothers are who have requested support after the baby is born.
- Contact the coordinator if a family needs further help, acting straight away if the well being of the child is at risk.
- Networks in the local community offering to put mothers in touch with other local breastfeeding mothers and other groups or services that might be useful to them.
- Is a team member alongside other breastfeeding volunteers, meeting with them regularly so as to support and learn from each other,
- Works in partnership with other community and health workers so as to encourage a shared commitment to the promotion of breastfeeding.
- Is tolerant and aware of the needs of different ethnic and cultural groups.

TRAINING:

Training includes the Open College Network (OCN) units accredited at Level 2. The training covers areas including: Baby Friendly Initiative, WHO, basic listening skills, boundaries to the role and where to refer mothers with more complicated problems.